

## Tightrope Assessment

### *Are you task-oriented or people-oriented?*

*Place yourself on the tightrope between each of the extremes listed below.*

1. If I find an unscheduled hour in my day, I'll...

1	2	3	4	5	6	7	8	9	10
Call a friend to have coffee					Update my appointment book				

2. If I feel overwhelmed, I'll...

1	2	3	4	5	6	7	8	9	10
Find somewhere to escape					Reorganize my to-do lists				

3. While at a gathering of people, I'm usually...

1	2	3	4	5	6	7	8	9	10
In the middle of a group					Avoiding the crowd				

4. While waiting in line, I'll...

1	2	3	4	5	6	7	8	9	10
Talk to the person next to me					Think through what I have to do				

5. My appointment book is primarily filled with...

1	2	3	4	5	6	7	8	9	10
Commitments to connect with people					Meetings to get things done				

6. When a friend has a problem, I'd rather...

1	2	3	4	5	6	7	8	9	10
Listen and encourage					Help fix it				

7. When it comes to friends...

1	2	3	4	5	6	7	8	9	10
I have a bunch					I keep my circle small				

8. When I rearrange my furniture...

1	2	3	4	5	6	7	8	9	10
I want others' advice					I choose what's practical				

9. Healthy exercise habits are easiest for me if...

1	2	3	4	5	6	7	8	9	10
A friend joins me					It's part of my schedule				

10. After a meeting, I'm more likely to spend my time...

1	2	3	4	5	6	7	8	9	10
Writing a note of thanks to the person I met					Crossing the meeting off my to-do list				

*Total all the numbers you circled and divided by 10 to get your average score.*

If your score is 1-3, you lean toward being people-focused. It's great that you're passionate about people, but some important ministry work might not be getting done. Ask one of those people you enjoy so much to help you gather some basic organizational tools. As you incorporate simple tools to help complete tasks, you'll find blocks of time to connect with people.

If your score is 4-7, you're doing a good job balancing people and tasks. Challenge yourself by looking at the specific questions you answered most extremely. Read the suggestions for those scores and determine to make adjustments.

If your score is 8-10, you lean toward being task-focused. You're a great person to have around when things need to get done, and you likely keep everyone on task during meetings. You don't want to waste time chatting. Remember, ministry is about people. Use your passion for organization to adjust your schedule to spend more time with people. Dedicate small blocks of time each week to connect. Schedule 5 minutes at the beginning or end of meetings to chat. You might not enjoy it right away, but the people-oriented people around you will, and your relationships will begin to flourish.

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